



## At Home Resources for Children, Youth, & Families

Parents,

I am writing to you to share some resources for teaching and having conversations about faith with your kids, grandkids, or together as a family. Due to CDC and NCDHHS suggestions we will not have regular programming at Ascension which means Youth Group and Sunday School will be on hiatus until things are safe enough to resume.

The Episcopal Church offers a resource called “Faith @ Home” which includes daily, lectionary based readings, videos, things to listen to and activities which would be perfect for children. These change each day and provide a great way to start conversations about what is going on in the church year and who people like Saint Patrick were. Yesterday, Saint Patrick’s Day, the entry included a video of an illustrated book about Saint Patrick being read aloud and a printable craft to cut out and make a Holy Trinity shamrock. These daily entries can be found at, <https://www.dofaithathome.org/>.

<https://www.forma.church/> is another resource of the Episcopal Church that has resources for children and youth formation as well as a plethora of links to videos, games, and other useful materials.

Our diocese has suggested the following ideas to avoid boredom for kids while away from school:

- Try a YouTube drawing tutorial
- Write & mail a letter to a family member

- Take an [Enneagram](#) test
- Play "[Psych](#)" or another game virtually with a group of friends
- Go on a hike or take a walk around your neighborhood

The diocese has also shared a podcast for parents, *Faith in an Anxious World*, which talks about anxiety and young people. This podcast can be found at the link below.

<https://fulleryouthinstitute.org/blog/anxious-world-parenting-podcast-episode-1>

In Youth Group we have currently been working through and discussing Rob Bell's NOOMA videos which are available online for free. These videos are each about 10 minutes long and talk about various, everyday experiences and how they relate to faith. If you would like to watch these and discuss them, they can be found online on YouTube and we have only watched videos 001 through 005 so far.

One final resource is The Bible Project. The Bible Project produces animated videos that work through biblical texts and themes in an easily understandable and accessible way. These videos are a helpful way to accompany reading through different books of the Bible or thinking about different biblical themes such as The Law, Exile, and Sabbath. One of the co-founders of this group has a PhD in Hebrew Bible and these videos really go deep and are great for youth and adults both. Watching or using some of these videos as a family would be mutually informative and interesting for all. You can find their videos and more information on their website, <https://bibleproject.com/>.

If you have any questions about talking or teaching about faith and the Bible at home or would like additional resources please feel free to reach out to me. All of us at church are continuing to try and provide resources and material for faith formation while we are not meeting in person. I will be sharing more resources and ideas weekly. Please feel free to share this email and these resources with others who might find them helpful as well.

In Peace,

Cole McGlynn

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